

2017 ACTIVITIES - SEPTEMBER

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
								1		2		3	
								09:00 - 10:00	Running	09:00 - 10:00	Pilates	09:00 - 10:00	Pilates
								10:00 - 11:00	Body Toning	10:00 - 11:00	Pool Games	10:00 - 11:30	Tennis
										17:00 - 19:00	Cheese tasting		
4		5		6		7		8		9		10	
09:00 - 10:00	Running	10:00 - 12:00	Bike Tour	09:00 - 10:00	Pilates	12:00 - 13:00	Kitchen - Garden secrets	09:00 - 10:00	Pilates				
10:00 - 11:00	Body Toning			10:00 - 11:30	Paddle			10:00 - 11:00	Body Toning				
11		12		13		14		15		16		17	
		09:00 - 10:00	Pilates	09:00 - 10:00	Spining			09:00 - 10:00	Pilates	11:00 - 12:00	Spining	09:00 - 10:00	Pilates
		10:00 - 11:00	Body Toning	10:00 - 12:00	PGA Flora & Fauna			10:30	Natura Bissé Masterclass	17:00 - 19:00	Fishing Pier	10:00 - 11:00	Body Toning
										17:00 - 19:00	Cocktail class	11:00 - 12:00	Basketball
18		19		20		21		22		23		24	
09:00 - 10:00	Running	09:00 - 10:00	Pilates	10:00 - 12:00	PGA Flora & Fauna	12:00 - 13:00	Kitchen - Garden secrets	09:00 - 10:00	Pilates	09:00 - 10:00	Pilates	10:00 - 12:00	Bike Tour
10:00 - 11:00	Body Toning	10:00 - 11:30	Football					10:00 - 11:00	Body Toning	10:00 - 11:00	Pool Games		
25		26		27		28		29		30			
		09:00 - 10:00	Pilates	10:00 - 12:00	PGA Flora & Fauna	17:00 - 19:00	Bike Tour	09:00 - 10:00	Pilates	12:00 - 13:00	Spining		
		10:00 - 11:00	Body Toning	17:00 - 18:00	Pilates	19:00 - 20:00	Paddle	10:00 - 11:00	Body Toning	17:00 - 19:00	Fishing Pier		
										17:00 - 19:00	Wine tasting		

Activity dates and hours could be subject to change

For more information about times and bookings contact:

+34 972 18 10 20 ✉ guestrelations@pgacatalunya.com

■ Health & Wellness
 ■ Gastronomy
 ■ Nature
 ■ Kids

HOTEL
CAMIRAL

AT PGA CATALUNYA RESORT

2017 ACTIVITIES - OCTOBER

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
												1			
												10:00 - 11:00	Pilates		
												11:00 - 12:00	Body Toning		
2		3		4		5		6		7		8			
09:00 - 10:00	Running	10:00 - 12:00	Bike Tour	17:00 - 18:00	Pilates	12:00 - 13:00	Kitchen - Garden secrets	09:00 - 10:00	Pilates	17:00 - 19:00	Wine tasting				
10:00 - 11:00	Body Toning			18:00 - 19:00	Paddle			10:00 - 11:00	Body Toning						
9		10		11		12		13		14		15			
09:00 - 10:00	Running	09:00 - 10:00	Pilates	17:00 - 18:00	Spining			10:30	Natura Bissé Masterclass	11:00 - 12:00	Spining	09:00 - 10:00	Pilates		
10:00 - 11:00	Body Toning	10:00 - 11:00	Body Toning	18:00 - 20:00	PGA Flora & Fauna					17:00 - 19:00	Fishing Pier	10:00 - 11:00	Body Toning		
												17:00 - 19:00	Cocktail Class	11:00 - 12:00	Basketball
16		17		18		19		20		21		22			
09:00 - 10:00	Running					12:00 - 13:00	Kitchen - Garden secrets	09:00 - 10:00	Pilates	09:00 - 10:00	Pilates	10:00 - 12:00	Bike Tour		
10:00 - 11:00	Body Toning							10:00 - 11:00	Body Toning						
23		24		25		26		27		28		29			
09:00 - 10:00	Pilates	09:00 - 10:00	Running	18:00 - 19:00	Body Toning	12:00 - 14:00	Mushroom hunting	09:00 - 10:00	Pilates	17:00 - 19:00	Panellets workshop				
10:00 - 11:00	Body Toning			19:00 - 20:00	Running	17:00 - 18:00	Pilates	10:00 - 11:00	Body Toning						
30		31													
10:00 - 11:00	Pilates	17:00 - 18:00	Running												
17:00 - 19:00	Halloween handcrafts	18:00 - 19:00	Body Toning												

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