



# WELL-VILLA



PGA CATALUNYA  
RESORT

# WELL-VILLA

INVESTING IN A NEW PROPERTY

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CAN ALSO BE AN INVESTMENT IN YOUR WELLBEING

The Well-Villa is a property that takes PGA Catalunya Resort's commitment to promoting wellness to the next level. A genuinely ground-breaking project that delivers a home with wellness designed into everything from its foundations to its paint finishes.

The inspiration was to use innovative design and technology to design a home that would enrich the physical and mental wellbeing of its occupants, connecting them to the beauty of the natural setting that surrounds it. At the leading edge of human centric design, The Villa is a biophilic space where every element has been carefully considered to enhance wellbeing holistically. Working with world-renowned architects Fran Silvestre and applying Espacious Evalore SLP's WELL system, PGA Catalunya Resort has created a housing concept that promotes human wellbeing through seven specific areas (air, water, nourishment, light, fitness, comfort and mind). Every design choice in each area has been made to support wellbeing in this groundbreaking design.





## EVERY DESIGN CHOICE IS FOCUSED ON WELLBEING

The architects and designers who worked on this project looked at 7 key areas of a building that impact human wellbeing so that all their choices would boost the wellness of the inhabitants of the finished villa.

### AIR



The air we breathe impacts our cardiovascular, endocrine, immune and nervous systems. The Villa's state of the art ventilation prevents the entry of unwanted airborne particles including pollen and pollution and sanitizes air using ultraviolet germicidal irradiation and photocatalytic oxidation to deliver the best possible indoor air quality.



### WATER

The home features a built-in reverse osmosis filter that uses three-stage filtration to ensure your drinking water is free from odours or flavours and has very low mineralization. A water softener at the property reduces the concentration of mineral compounds such as magnesium and calcium salts making cleaning easier and leaving you with softer hair and skin.



### NOURISHMENT

Making nutritious meals from fresh unprocessed ingredients is essential for wellbeing. We have created a well-equipped kitchen at the heart of this home that will inspire you to cook and share meals, you might even use ingredients from our kitchen garden or honey from our hives. The kitchen features innovative antimicrobial countertops that prevent the development of bacteria eliminating it before it can form.

### LIGHT

The Villa's large windows are optimised for light transmission and the open-plan layout maximises the use of natural light. The artificial lighting is also designed to support wellbeing, featuring high colour rendering index lighting, a circadian lighting alarm clock and movement activated low-intensity night lights.



### FITNESS



The Well-Villa includes its own pool and exercise spaces. As residents, you will have easy access to all the activities the resort offers and full membership to The Resident's Club which offers its own fitness area, spa and pool as well as favourable rates for many additional activities.

### COMFORT

The Well-Villa makes it easy for you to control all the environmental parameters of your home including temperature and humidity from a real-time display panel. It has been designed to maintain a comfortable constant temperature and minimise unwanted noise.



### MIND



The Well-Villa's architectural aesthetic blurs the lines between indoor and outdoor spaces, creating a series of relaxing spaces that promote a peaceful mind. It's been carefully positioned to avoid natural radiation, underground water currents and the meeting points of magnetic lines.



