

Month	Day	Activity	Time	Location
September	10 THURSDAY	BIKE TOUR	16.00-18.00	
	11 FRIDAY	PERSONAL TRAINING	10.00-11.00	
	11 FRIDAY	BIKE TOUR	11.00-13.00	
	11 FRIDAY	FOREST PARK	16.00-18.00	
September	12 SATURDAY	BIKE TOUR	11.00-13.00	
	12 SATURDAY	FOREST PARK	15.00-17.00	
	12 SATURDAY	WINE TASTING	18.00-19.00	
	13 SUNDAY	YOGA	10.00-11.00	
September	18 FRIDAY	PERSONAL TRAINING	10.00-11.00	
	18 FRIDAY	FOREST PARK	16.00-18.00	
	19 SATURDAY	BIKE TOUR	11.00-13.00	
	19 SATURDAY	FOREST PARK	15.00-17.00	
September	20 SUNDAY	YOGA	10.00-11.00	
	24 THURSDAY	TORTOISES	11.00-12.00	
	24 THURSDAY	BIKE TOUR	16.00-18.00	
	25 FRIDAY	PERSONAL TRAINING	10.00-11.00	
September	25 FRIDAY	BIKE TOUR	11.00-13.00	
	25 FRIDAY	FOREST PARK	15.00-17.00	
	25 FRIDAY	MINI GOLF	18.00-19.00	
	26 SATURDAY	BUGGY ORIENTATION RACE	10.00-12.00	
September	26 SATURDAY	FOREST PARK	15.00-17.00	
	26 SATURDAY	WINE TASTING	18.00-19.00	
	27 SUNDAY	YOGA	10.00-11.00	
	October	2 FRIDAY	PERSONAL TRAINING	10.00-11.00
2 FRIDAY		FOREST PARK	16.00-18.00	
3 SATURDAY		BIKE TOUR	11.00-13.00	
3 SATURDAY		FOREST PARK	15.00-17.00	
October	3 SATURDAY	MINI GOLF	18.00-19.00	
	9 FRIDAY	PERSONAL TRAINING	10.00-11.00	
	9 FRIDAY	BIKE TOUR	11.00-13.00	
	9 FRIDAY	FOREST PARK	15.00-17.00	
October	10 SATURDAY	BUGGY ORIENTATION RACE	10.00-12.00	
	10 SATURDAY	FOREST PARK	15.00-17.00	
	10 SATURDAY	WINE TASTING	18.00-19.00	
	11 SUNDAY	YOGA	10.00-11.00	
October	11 SUNDAY	BIKE TOUR	11.00-13.00	
	11 SUNDAY	FOREST PARK	15.00-17.00	
	12 MONDAY	BIKE TOUR	11.00-13.00	
	16 FRIDAY	PERSONAL TRAINING	10.00-11.00	
October	16 FRIDAY	FOREST PARK	16.00-18.00	
	17 SATURDAY	BIKE TOUR	11.00-13.00	
	17 SATURDAY	FOREST PARK	15.00-17.00	
	17 SATURDAY	MINI GOLF	18.00-19.00	
October	23 FRIDAY	PERSONAL TRAINING	10.00-11.00	
	23 FRIDAY	FOREST PARK	16.00-18.00	
	24 SATURDAY	BIKE TOUR	11.00-13.00	
	24 SATURDAY	FOREST PARK	15.00-17.00	
October	24 SATURDAY	MINI GOLF	18.00-19.00	
	29 THURSDAY	BIKE TOUR	16.00-18.00	
	30 FRIDAY	PERSONAL TRAINING	10.00-11.00	
	30 FRIDAY	FOREST PARK	16.00-18.00	
October	31 SATURDAY	BIKE TOUR	11.00-13.00	
	31 SATURDAY	FOREST PARK	15.00-17.00	
	31 SATURDAY	MINI GOLF	18.00-19.00	
	1 SUNDAY	YOGA	10.00-11.00	

Please note: the dates and times of activities are subject to change, please book in advance to avoid disappointment. Undersubscribed activities are subject to cancellation and outdoor activities may be affected by the weather. Children under 14 must be accompanied by adult.